



Spiritual Direction



Institute

At

The Well

- Are you looking for a deeper relationship with God and grow spiritually?
- Has your prayer life become routine or is it non-existent?
- Do you want to help others in a spiritual way?
- Do you want to have a better understanding of yourself and others?.
- Are you wrestling with life's meaning or discerning direction for you?

If you answered **yes** to any of the above questions consider joining our spiritual growth and development class. Our first session will begin **May 2010**. You may access our application by going to our website and downloading it or by calling us at **757-255-2366**. Once we receive your application we will send you the requirements and starting dates.

The Well Retreat Center

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