



The Well Retreat Center  
 18047 Quiet Way  
 Smithfield, VA 23430  
 757-255-2366

**Individual Reservation Form**

Today's Date: \_\_\_\_\_

Amount of Deposit Enclosed: \_\_\_\_\_

**The Balance of your payment is due upon ARRIVAL**

Name \_\_\_\_\_ Daytime Phone \_\_\_\_\_

Address: \_\_\_\_\_ Email: \_\_\_\_\_

\_\_\_\_\_  
 (City) (State) (Zip)

**Date(s) Requested for Use of The Well**

I would like a **PRIVATE RETREAT**  
 (will **not** meet with a Director) \_\_\_\_\_

I would like a **DIRECTED RETREAT**  
 (**will** meet with a Director) \_\_\_\_\_

Arrive (Date/Time) \_\_\_\_\_ Depart (Date/Time) \_\_\_\_\_

**CONCERNING MEALS:** All meals are homemade, and provided by The Well. Dietary restrictions need to be made known in advance.

**FOR RETREAT CENTER USE ONLY**

Date received: \_\_\_\_\_ Date confirmation sent \_\_\_\_\_

Date(s) for center use	Deposit received	Projected balance due:
<b>WHAT IS A DIRECTED RETREAT?</b>		
<p>A directed retreat is an opportunity to come away from your normal environment and be alone with God. Our everyday lives are filled with many responsibilities, cares, concerns and distractions that pull us in many different directions. We may become tired, frustrated and discouraged. Taking time away to rest, relax and reflect allows us to have a renewed energy for God and His purpose for our life.</p> <p><b>What will your time be like?</b> You will be given 3-4 Scripture passages each day to read, reflect and apply to your life. You should spend about an hour with each passage. When you meet with your director, once a day, you will share what you think God is saying to you through the Scriptures along with your journals insights. As you can see from this description, you will be spending most of your time in quiet and solitude listening to God. It is recommended that there be little talking and a lot of silence.</p> <p><b>What do you need to bring?</b> You need your Bible, a journal, casual clothes, an umbrella in case of rain, or water proof walking shoes should you choose to take a walk on the property. Generally, there is a heavy dew in the morning until about 10 am.</p> <p><b>How long should you stay?</b> It is up to you and our availability. Some people come for overnight; other come for as many as 2-7 days., some stay 2-3 days, some stay longer. We try to be flexible and are happy to work with you in arranging dates.</p> <p><b>When should you make reservations?</b> It is best to make arrangements <u>at least one month</u> in advance. However, we realize that spur-of-moment situations arise and in those cases, please phone The Well at 757-255-2366, we will do our best to accommodate your needs based on our availability and your willingness to be flexible.</p>		